

dinner

Starters

Today's fresh, home-made soup served with a crusty roll	£3.95
Homemade warm crispy tart stuffed with salmon smoked pancetta and Golden Wonder potato, set on roasted onion, mushroom, with baby shallot gravy	£4.95
King prawn cocktail with avocado wrapped with skinless cucumber slice, farm salad, cocktail dressing and pineapple salsa	£5.95
Lewis haggis and black pudding tower layered with roasted mushroom, onion and mashed potato, served with whisky gravy	£5.75
Mille feuille of Kathmandu chicken kebab , crispy papadum, with vinaigrette toriko sag and wild honey vegetable yoghurt raita and homemade mango chutney	£5.95
Thai flavoured local monkfish, haddock and prawn fishcake with homemade sweet chilli sauce	£6.50
Lewis mussels in a sauce of garlic, shallot, fresh coriander and cream, or freshly made plum tomato sauce	£5.75
Freshly made Jersey Royal potato boat filled with crispy bacon, red onion and gratinated with cheddar cheese served with smokey bbq sauce	£5.25

Mussels

Fresh local mussels cooked in a sauce of white wine , shallots, parsley and garlic, or tomato and basil sauce. A kilo makes a main course for one or a starter for two. 1 kilo pot	£11.95
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Seafood

Local roast monkfish tail wrapped with bacon, roast potato purée and white wine, saffron and prawn chowder sauce	£16.95
Local mixed seafood platter : Monkfish, salmon, scallop, king prawn and mussels, cooked in stock, white wine and cream	£17.50
Genoese seafood risotto , monkfish, salmon, scallop, prawn and mussels, white wine, cream and Parmesan cheese	£17.25
Paella marinara : king prawn, mussels, scallops, monkfish cooked in fish stock, saffron, sweet paprika and Calasparra rice	£14.25
Fillet of salmon with Stornoway haggis , set on black pudding, with smoked pancetta and traditional whisky gravy	£13.95

Wraps

Shredded beef cooked in mixed pepper, garlic, chilli, cheese and gravy	£9.95
Murg Makhani - Tandoori chicken strips cooked in makhani rich butter, tomato and crème fraîche	£9.25
Sweet and sour vegetables - mixed pepper, mangetout, baby corn, carrots and bamboo shoot	£7.95
Shredded roasted chicken , mayonnaise, Cheddar cheese shredded vegetables and tahini dressing	£8.95
Chicken Fajita	£8.95
Cajun Chicken	£8.95
Crispy Chicken	£8.95

Burgers

HS-1 6oz or 12oz traditional burger	£8.50/£10.95
Chicken fillet marinated with fresh herbs, garlic, ginger , Cajun seasoning and English mustard	£8.95
Vegetable - home-made Himalayan style	£7.95
All served with house salad, coleslaw and fries.	
Extra toppings: Bacon, Cheddar cheese, fried egg, bbq sauce, jalapeno pepper, tomato relish, sweet chilli sauce or tomato onion salsa	£0.50

Steaks

8oz Fillet Steak	£22.95
8oz Sirloin steak	£16.95
Steaks are accompanied by roasted mushrooms, onion, grilled tomato, vegetables and potatoes of the day or French fries	
Sauces: Green peppercorn, whisky and onion, two mustards, rosemary and mushroom	£1.95

Main Courses

Mixed seafood stir fry with vegetable and udon noodles	£12.50
Pad thai wok chicken or beef stir fry with vegetable and noodles	£11.95/12.95
Murg makhani - strips of Tandoori chicken cooked in rich butter, tomato and crème fraîche served with rice	£10.95
Kashmiri chicken curry in mixed spicy gravy and cream served with rice topped with cashew nuts and raisins	£10.95
Thai red or green curry served with rice - chicken/seafood/vegetables	£10.95/£11.95/£9.95
Home made steak pie served with vegetable and chips	£9.95
Dressed pork fillet wrapped with bacon , set on haggis served with a gravy of pancetta and green peppercorn	£12.95
Glazed breast of duck set on Golden Wonder potato and a bourbon, Grand Marnier and ruby port sauce	£16.95
Paillard of chicken breast stuffed with mozzarella, haggis and mushroom with a creamy white wine sauce	£12.95
Local rack of lamb , with a crust of fresh mint and Dijon mustard set on mashed potato with fresh mint gravy	£17.95
Sweet & Sour Chicken served with steamed rice	£10.95

Pasta

Choose your pasta and sauce	
Tagliatelle, spaghetti or penne	
Boscaiola - bacon, mushroom, onion and cream	£8.95
Amatriciana - chicken, bacon, onion, garlic and tomato	£8.95
Frutti di mare - mixed local seafood, garlic, onion and tomato	£8.95
Campanola - basil and tomato	£8.25
Lewis mussels and king prawn tossed with garlic, chilli, white wine and extra virgin olive oil	£8.95
Mediterranean - Fresh mixed pepper, mushroom, spinach, roasted artichoke, mixed olive and tomato	£7.95

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Salads

Scottish flaked smoked salmon and traditional smoked salmon pieces , with crème fraîche and pickled gherkins, capers and wholemeal bread	£9.25
Bouquet garni poached chicken strips , avocado, black pudding and paw paw salad tossed with ginger honey vinaigrette and fried onion ring	£9.25
Warm crispy chicken strips with julienne log mozzarella, mango, cucumber, tomato, onion pineapple and lettuce salad with home made sweet chilli and lemon vinaigrette dressing	£8.95
Caesar salad - with Cajun seasoning, herbs, garlic and English mustard marinated chicken strips	£8.95
King prawn cocktail salad with farm salad leaves	£9.25

Side dishes

French fries	£2.25
Steamed vegetables	£2.00
Today's potato dish	£2.00
Deep fried battered onion rings	£2.00
Garlic bread	£2.00
Cheesy garlic bread	£2.50
Mixed house salad - julienne cut cucumber, tomato, onion, lettuce, mixed olives and dressing	£2.95
Black olives or green olives	£1.95
Baby mescaline lettuce leaves tossed with balsamic and extra virgin olive oil	£2.95
Coleslaw	£2.00

Children's menu

Spaghetti Bolognese	
Penne Neapolitan	
Local mini sausage with chips and beans or salad	
Crispy chicken strips with chips and beans or salad	
Cheese and tomato pizza chips and beans or salad	
Fish Finger chips and beans or salad	
Mixed icecream or ice lolly	£6.25

Each child's meal will be accompanied by our special kid's cocktail created with a blend of fruit juices.

Dessert menu

Sticky toffee pudding - with medjool date, vanilla icecream and toffee sauce	£5.25
Warm chocolate fudge cake with amaretto custard and mascarpone cream	£5.25
Baileys and malteser cheesecake with fresh cream	£4.95
Fresh pears poached in vanilla and wild honey with crushed meringue mascarpone, maple syrup and mint ice cream	£5.25
Banoffee Pie - Layered with fresh banana, rich caramel and topping with whipped cream	£4.95
Warm Belgian sweet waffle with vanilla ice cream and toffee sauce	£4.95

Additional information : Some items on this menu may contain nuts or other allergens. Please ask for advice before ordering and we will be happy to assist you.

Our insistence on the finest quality ingredients may occasionally mean that dishes become temporarily unavailable. 140709



HSA
cafe bar

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