

lunch

Panini/Organic White or Brown Baguette

Chicken pakora - light spicy battered chicken with mixed salad and mint yoghurt raita	£6.95
Local mixed seafood with mixed peppers, onion, chilli, garlic, tomato & cheese	£6.95
King prawn cocktail	£7.95
✓ Mixed salad crudités , lettuce, cherry tomato, cucumber, onion, cheese, mayonnaise and hard-boiled egg	£5.95
Gratinated mozzarella , vine tomato, and basil pesto	£5.95
Crispy bacon and red onion with melted cheddar cheese	£6.25
Chicken with fajita sauce	£6.95
Chicken with Cajun sauce	£6.95
Murg makhani	£6.95
Chicken mayonnaise	£5.75
Tuna mayonnaise	£6.75

Baked potatoes are also available with any of the above toppings (at an additional £0.50 to above price)

Wraps

Chicken pakora - strips of chicken breast, deep-fried in a mild spicy flour batter with lettuce raita yoghurt and fruit chutney	£8.50
Shredded poached chicken , mayonnaise, hard boiled egg, lettuce and cheese	£8.50
Fish taco - deep fried battered haddock, lettuce, mayonnaise, sour cream and chilli tomato salsa	£8.75
Chilli con carne - spicy lean minced beef with mixed peppers, chilli, onion, red kidney beans & cheese	£8.75
Murg makhani - tandoori chicken strips cooked in makhani rich butter tomato sauce and cream	£9.50

✓ **Shredded mild Cheddar cheese**, lettuce, cucumber, onion and tomato salsa, olive oil and French dressing

Chicken fajita	£9.25
Chicken Cajun	£9.25
Crispy chicken	£9.25

Burgers

HS1 6oz burger	£8.75
HS1 12oz burger	£11.25
Chicken fillet marinated with fresh herbs , Cajun seasoning and English mustard	£9.25
✓ Homemade Himalayan style vegetable burger	£8.25
All served with house salad, coleslaw and French fries	
Extra toppings - Bacon, fried egg, cheddar cheese, bbq sauce, jalapeno pepper relish, tomato salsa, sweet chilli sauce, tomato relish, mayonnaise	£0.70

Hot Dishes

Today's homemade soup with crusty bread	£3.95
HS-1 Club sandwich filled with chicken mayonnaise, tomato, cheddar cheese, bacon and fried egg. Choose either white or wholemeal bread	£7.25
Croque monsieur stuffed with poached chicken, bacon, red onion, béchamel and cheddar cheese	£6.75
Home-made 12" meat lover pizza - pepperoni, spicy sausage, chicken, bocconcini, tomato mixed pepper and basil	£9.50
✓ Home-made margherita 12" pizza - tomato, basil and mozzarella cheese	£7.95
HS-1 steak pie with vegetables and French fries	£8.95
Homemade warm quiche - leek, potato, brie and spinach quiche with mixed salad and French fries	£6.95
Piri piri half-chicken marinated with chilli, lemon and herbs char-grilled served with French fries and salad	£7.95

Pasta

Choose your pasta and sauce

Tagliatelle, spaghetti, penne or macaroni

Lewis fresh salmon and avocado fricassée cooked in onion, garlic, white wine and cream cheese	£9.25
Local flaky hake, tomato and basil	£10.25
Local seafood tossed with garlic , extra virgin olive oil, white wine, fish stock and flat parsley butter sauce	£9.95
Leurbost mussels and king prawns tossed with garlic, chilli, white wine and extra virgin olive oil	£9.25
Boscaiola - bacon, mushroom, onion and cream	£9.25
Amatriciana - chicken, bacon, onion, garlic and tomato	£9.25
✓ Extra virgin olive oil and cheese tossed	£8.25
✓ Companola - fresh basil pesto, plum tomato and cheese	£8.50

Salads

Avocado long boat salad - filled with king prawn cocktail set on mixed petit herb salad with tomato and onion	£9.25
A la grecque salad bowl with warm mint flavoured tandoori chicken strips, kalamata olives, feta cheese, lemon herb infused dressing	£9.25
Caesar salad with Cajun seasoning, herbs, garlic and English marinated chicken strips and parmesan	£9.25
Warm crispy chicken strips with julienne log mozzarella, cucumber, tomato onion, pineapple and lettuce salad with homemade sweet chilli and lemon vinaigrette dressing	£9.25
Scottish flaked smoked salmon and garlic , chilli crushed mackerel with crème fraiche, red onion, pickle, gherkins, capers, plum fish caviar dressing	£9.50

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Side dishes

French fries	£2.25
Battered onion rings	£2.00
Garlic bread	£2.00
Cheesy garlic bread	£2.50
Mixed house salad	£2.95
Black and green olives	£2.00
Coleslaw	£2.00
Mashed potato	£2.00

Children's menu

Spaghetti bolognese	
Macaroni cheese	
Po'boys goujons of local hake fillet with chips, beans or salad	
Local mini sausages with chips beans or salad	
Baked potato with baked beans or sweet corn	
Cheese and tomato pizza with chips, beans or salad	
Mixed ice cream or ice-lolly	£6.75

Each child's meal will be accompanied by our special children's cocktail created with a blend of fruit juices.

Desserts

See specials menu

Additional information : Some items on this menu may contain nuts or other allergens. Please ask for advice before ordering and we will be happy to assist you.

Our insistence on the finest quality ingredients may occasionally mean that dishes become temporarily unavailable.

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